

# Northwest Area High School Lunch Menu April 2017



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	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>The Grille</b></p> <p>Mon: BBQ Chicken w/ Bread Tues: Cheeseburger on a Bun Wed: Spicy Chicken Patty on Bun Thurs: Beef Nachos w/ Bread Fri: BBQ Rib Sandwich</p>	<p><b>5-1 National Principal Appreciation Day</b> Mr. Miner's Buffalo Chicken Macaroni &amp; Cheese w/ Bread Mixed Vegetable Chilled Peaches Fat Free Milk</p>	<p><b>5-2</b> Fish Sticks w/ Bread Glazed Carrots Applesauce Fat Free Milk</p>	<p><b>5-3</b> Meatball Hoagie Steamed Broccoli Mixed Fruit Fat Free Milk</p>	<p><b>5-4</b> Grilled Cheese Sandwich Stewed Tomatoes Diced Pears Fat Free Milk</p>	<p><b>5-5 Cinco de Mayo</b> Chicken Enchilada Dip w/ Chips &amp; Spanish Rice Steamed Corn Pineapple Tidbits Fat Free Milk</p>	<p><b>The Deli</b></p> <p>Ham and Cheese Hoagie Turkey and Cheese Hoagie Peanut Butter and Jelly</p>
<p><b>The Garden</b></p> <p>Tuna Salad w/ Bread Breaded Chicken Salad w/ Bread Chef Salad w/ Bread</p>	<p><b>5-8</b> Tater Tot Bake w/ Bread Steamed Peas Rainbow Apple Slices Fat Free Milk</p>	<p><b>5-9</b> Chicken Stir Fry over Rice w/ Bread Mixed Vegetable Applesauce Fat Free Milk</p>	<p><b>5-10</b> Corn Dog Nuggets Steamed Carrots Diced Peaches Fat Free Milk</p>	<p><b>5-11</b> Breaded Chicken Sandwich w/ Lettuce &amp; Tomato Steamed Green Beans Mandarin Oranges Fat Free Milk</p>	<p><b>5-12</b> <b>Teachers In-Service</b> <b>No School</b></p>	<p><b>Accompaniments</b></p> <p>*Must take at least one 1/2 cup of fruit or vegetable</p> <p><b>Vegetable Bar includes:</b> Broccoli Florets Baby Carrots Dark Leafy Greens Legume Salads Celery &amp; Cucumber</p> <p><b>*Fruits include:</b> Crisp Apple Sliced Peaches Mixed Fruit Fresh Orange Banana Pineapple Tidbits Diced Pears Applesauce</p>
<p><b>The Pizzeria</b></p> <p>Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza</p>	<p><b>5-15</b> Cheesesteak Hoagie Baked French Fries Diced Pears Fat Free Milk</p>	<p><b>5-16</b> Sweet &amp; Spicy BBQ Chicken Bowl w/ Rice Steamed Corn Pineapple Tidbits Fat Free Milk</p>	<p><b>5-17</b> Hotdog on a bun w/ Chili Baked Beans Cinnamon Apple Slices Fat Free Milk</p>	<p><b>5-18</b> Chicken Parmesan over Pasta Steamed Broccoli Mandarin Oranges Fat Free Milk</p>	<p><b>5-19</b> Cheeseburger Wrap Mixed Vegetable Chilled Peaches Fat Free Milk</p>	<p><b>Milk</b></p> <p><b>Milk Choices Offered Daily:</b> 1% white, non-fat white, non-fat flavored</p>
<p><b>Grab &amp; Go</b></p> <p>A wide variety of sandwiches, wraps, specialty salads and yogurt parfaits are available daily!</p>	<p><b>5-22</b> Pasta w/ Meat Sauce &amp; Garlic Bread Steamed Green Beans Applesauce Fat Free Milk</p>	<p><b>5-23</b> Popcorn Chicken w/ Bread Mashed Potatoes w/ Gravy Mixed Fruit Fat Free Milk</p>	<p><b>5-24</b> Hot Ham &amp; Cheese on a Bun Glazed Carrots Chilled Pears Fat Free Milk</p>	<p><b>5-25</b> Roasted Pork w/ Gravy over Noodles &amp; Bread Sweet Peas Pineapple Tidbits Fat Free Milk</p>	<p><b>5-26</b> Chili Cheese Tots w/ 2 Bread Slices Steamed Broccoli Apple Slices Fat Free Milk</p>	<p><b>Proud to manage your food service program</b></p> <p><b>Lunch Prices: Paid \$2.40 Reduced \$ .40</b></p>
<p><b>Options</b></p>	<p><b>5-29 Memorial Day</b> <b>No School</b></p>	<p><b>5-30</b> Italian Dunkers w/ Marinara Sauce Mixed Vegetables Mandarin Oranges Fat Free Milk</p>	<p><b>5-31</b> Corn Dog Nuggets Baked Beans Diced Peaches Fat Free Milk</p>	<p><b>Taste the Goodness. SALAD SHAKERS</b> SPECIAL Cafe FEATURE AVAILABLE IN MAY</p> <p>Whole Grains Served Daily</p>	<p><b>Come Try Our Salad Shakers in the Cafeteria.</b> <b>Variety will vary depending on the day!</b></p>	<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p> <p><b>MENUS SUBJECT TO CHANGE</b></p>